

# Medical Emergency Response To Heart Attack And Choking Incidents In The Workplace

The Lakes Area ECI and Kossuth County ECI will host Michael D. Raner, Safety Director (Shield Program), Northwest Iowa Planning and Development Commission (NWIPDC) of Spencer, Iowa

The session will cover the following topics:

- Properly administer Cardiopulmonary Resuscitation (CPR) techniques
- Practice the CPR procedure utilizing available manikins
- Operate the Automated External Defibrillator (AED) using the AED device
- Administer the Heimlich Maneuver on others (conscious choking).
- Perform the Heimlich Maneuver on yourself in case of emergencies (pushing against chair).
- Local examples of lives saved because of proactive strategies and advanced training
- Being prepared as an employer—the process for getting your workforce trained and certified
- Emergency numbers and procedures that need to be in place ahead of time
- Questions and answers

## Meeting Details

When: February 15, 2017

1:00 pm — 3:00 pm

Where: Spencer School Administration Building, 23 East 7th Street, Spencer, Iowa 51301

Cost: No cost

Space is limited so reserve a space today!

Registration is requested by Friday, 10, 2017. Call IowaWORKS at 712-262-1971 ext. 42003 or [robert.becker@iwd.iowa.gov](mailto:robert.becker@iwd.iowa.gov).



#### Recertification Credit Hours Awarded: 0.0

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